CareStart
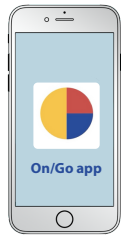## Self-Testing Guide

Follow these 12 steps to complete your COVID-19 CareStart self-test.

1

OPTIONAL
Not a required step to use the test.

On/Go app

Download the On/Go results app. Scan the QR code above. Sign up and create an account or if you have the app, simply log-in to start.

2

Follow along with the On/Go app instructions. Before self- testing, thoroughly wash your hands for 20 seconds.
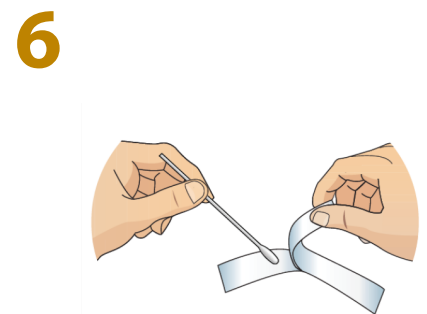
3

Unpack the test kit from the box. The test kit includes a test cassette, a vial with a lid and a nasal swab.
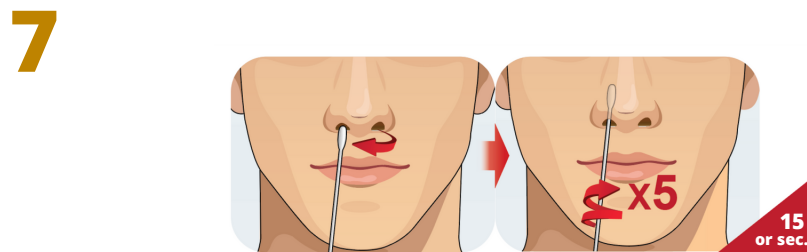
4

Open the package and remove the test cassette.

5

PEEL OFF

Carefully peel off the foil on the top of the vial.

6

Remove the nasal swab from the pouch. **Do not touch the tip of the swab.**

7

x5

15 or sec.

AccessBio

CareStart™
COVID-19
ANTIGEN
HOME TEST

FAST RESULT
Results in 10 minutes

EASY TESTING
A Simple Nasal Swab

For use with or without symptoms

2 Tests

Take the nasal swab and insert it into your right nostril. Rotate the swab 5 times or 15 seconds, then do the same on your left nostril.
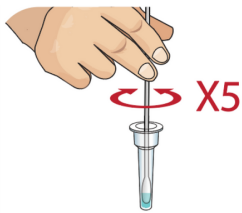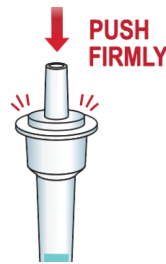
Updated as of February 16, 2022.

Follow these 12 steps to complete your COVID-19 CareStart self-test.
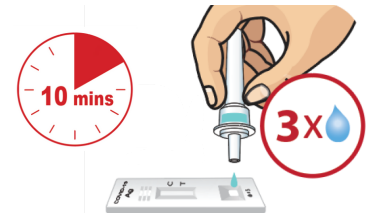
8

X5

Rotate the swab 5 times before removing it. As you remove it from the vial, ensure the liquid is squeezed from the swab into the vial. Dispose of the nasal swab.
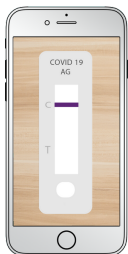
9

PUSH FIRMLY

Take the lid and place it on the vial. Make sure it snaps closed by pushing down firmly.
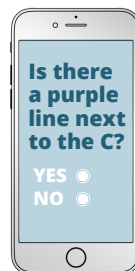
10

10 mins · 3x💧

Add 3 drops from the vial onto the test cassette. Next, the app will set a 10 minute wait time to obtain your results. Do not move the test cassette.

11

5 mins

COVID 19 AG

Once the 10 minute wait time is up, you have 5 minutes to take a picture of your test results.

12

Is there a purple line next to the C?
YES ○
NO ○

COVID 19 AG — C / T — **positive**

COVID 19 AG — C — **negative**

COVID 19 AG — C / T — **invalid**

The On/Go app will guide you to accurately confirm your test results by asking you questions about the number of bars, their colors and where they are located.

AccessBio
CareStart™ COVID-19 ANTIGEN HOME TEST
FAST RESULT — Results in 10 minutes
EASY TESTING — A Simple Nasal Swab
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2 Tests

A follow-up PCR COVID-19 test is recommended for those who test positive on an antigen COVID-19 self-test. To find a PCR testing location near you, please visit sbcovid19.com/testing-sites or scan the QR code.

For more information about the On/Go app, visit letsongo.com/faq.

For more information about COVID-19 in San Bernardino County, visit sbcovid19.com.