





## RETURN SAFET STRONG

San Bernardino County School Resource Guide



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### 1 OVERVIEW

San Bernardino County is proud of our schools and all that they accomplished over the course of this pandemic. We encountered new challenges and have overcome them to the benefit of our students, families, community, and educators.

Similar to the challenges we faced and overcome last school year, we understand that this upcoming year will bring with it new challenges. San Bernardino County feels honored to continuously partner and collaborate with a resilient group of educators and their teams dedicated to supporting our community.

As we prepare to begin in-person learning, we encourage each of you to consider the following questions:

**PLAN:** How do you plan to address COVID-19 testing (i.e., staff/student baseline or post outbreak), COVID-19 vaccinations, COVID-19 outbreaks and/or micro-level classroom outbreaks, student physical/emotional needs, and promote general wellness in the classroom or district?

**PROACTIVE COMMUNICATION:** Transparent communication often leads to action. COVID-19 will be a prevalent part of this upcoming year. How do you plan to globally communicate updates on masking, COVID-19 positive staff, COVID-19 positive students, CDPH school guidance, etc.?

**PRACTICAL SOLUTIONS:** Understanding your unique population groups, what are the ideal solutions versus practical solutions? What partnerships are available to you to achieve both?

Your County and Local Health Department are committed to championing your success and providing resources to ensure not simply a SAFE RETURN, but a STRONG RETURN.

#SBCountyTogether #SBCountyReturnSafeReturnStrong



### 2 SCHOOL GUIDANCE

The California Department of Public Health (CDPH) updates guidance frequently in an effort to align with the Centers for Disease Control and Prevention (CDC) guidance and/or statewide need. The San Bernardino County Department of Public Health (SBCDPH) refers to the State's standards and will provide information and clarification on the established guidance, as well as supportive resources to assist schools in implementing measures to ensure safety and compliance.

For information on:	Visit:		
CDC School and Child Care Provider	CDC SCHOOLS AND CHILD CARE PROGRAMS		
Guidance			
CDPH Guidance for Childcare	CDPH GUIDANCE FOR CHILD CARE PROVIDERS		
CDPH Education Guidance	CDPH EDUCATION PAGE		
FAQs Related to State Guidance	STATE OF CALIFORNIA SAFE SCHOOLS FOR ALL HUB		
CDC Guidance for Universities and Higher	CDC COLLEGES & UNIVERSITIES PAGE		
Education Institutions			

For questions specific to San Bernardino County or to request support, email:

#### SAFEschoolsSBC@dph.sbcounty.gov

In addition to the information provided above, all schools in San Bernardino have access to the following County-provided services:

#### 1. PARTNERSHIP SUPPORT VISIT

At the request of school leadership, a public health team may provide a Partnership Support Visit which will include an on-site campus walk-through and verbal recommendations in the following areas:

- Implementation of State guidance
- COVID-19 outbreak prevention
- Student and staff safety

**NOTE:** These teams are an extension of public health support and <u>DO NOT</u> provide enforcement, compliance, or follow-up. The decision for following any provided <u>verbal</u> recommendations will remain with school leadership.

To request a Partnership Support Visit, please email: **SAFEschoolsSBC@dph.sbcounty.gov** 

#### 2. COVID-19 PREVENTION AND AWARENESS WORKSHOP MATERIALS

SBCDPH will assist with providing educational materials to schools so that they have the resources to host COVID-19 Prevention and Awareness Workshops for staff, student, or parents.

**NOTE:** Upon request, a SBCDPH COVID-19 Health Ambassador Team may be deployed to provide an informational presentation or to set up an information booth at the setting of your choice.

To request materials, please email:

CommunityEvents@dph.sbcounty.gov

For a workshop or presentation, please submit the **COVID-19 Health Ambassadors Request Form** 

### 3 CONTACT TRACING

SBCDPH has a robust team of individuals trained and ready to assist schools with contact tracing or COVID-19 prevention. Each district or facility has a dedicated contact tracing team to support educators, students, and families in responding to possible exposures and outbreaks. They will be in contact with the designated district or school/facility liaisons. Colleges, universities, private, and charter schools also have access to support from trained outbreak staff.

These uniquely trained professionals will:

- Confirm positive cases and guide contact tracing efforts.
- Provide expert knowledge of recent CDC guidance on disease control and prevention.

#### SAN BERNARDINO COUNTY SCHOOL OUTBREAK RESPONSE

Do you have a question specific to San Bernardino County school outbreaks or would like to request support?

Email: SRT@dph.sbcounty.gov

Do you need to report a suspected outbreak to your Local Health Department? Visit **OUTBREAK TRACKING AND REPORTING PORTAL** 

Many schools have a designated staff member to report and manage COVID-19 exposures and outbreaks. These staff may report electronically via the Shared Portal for Outbreak Tracking (SPOT) portal. To request information or portal access, please email: SRT@dph.sbcounty.gov or reach out directly to your Contact Tracing School Response Team Liaison.



### 4 COVID-19 TESTING

With the evolution of COVID-19 testing state-wide, there are a variety of options for schools to address unique testing needs. It is highly encouraged that each school develop a plan for baseline testing, outbreak testing, and general testing.

#### **STATE COVID-19 TESTING**

The state offers free antigen testing and PCR testing for schools with minimal costs for staffing and shipping. A positive antigen test requires a confirmatory PCR test. Onboarding with the State's lab requires 1-2 weeks. For more information on state testing, please visit:

https://testing.covid19.ca.gov/

Have a question specific to the State Lab or COVID-19 testing options, please email: <a href="mailto:schooltesting@cdph.ca.gov">schooltesting@cdph.ca.gov</a>

The state, in partnership with the County, currently offers (7) COVID-19 stationary testing locations. To review most current locations and hours of operations, please visit:

#### **PRIVATE LAB COVID-19 TESTING**

- 1. **CURATIVE** offers an insurance-based, no-cost method of COVID-19 testing through kiosks.
- **2. FULGENT** offers on-location or at-home cost-based testing.
- **3.** PIXEL by LabCorp offers bundled at-cost test kits for schools or businesses.
- **4. ADDITIONAL PRIVATE LABS** outside of those listed above, have established COVID-19 testing options for schools and businesses.

#### HOSPITALS, PHARMACIES, URGENT CARE AND PRIVATE PRACTICES

- 1. The majority of healthcare locations (hospitals, major pharmacies and urgent cares) offer COVID-19 testing. *Co-payment may be required*.
- 2. San Bernardino County DPH Health Clinics offer COVID-19 testing on a sliding scale fee schedule (fee based on income).
- 3. IEHP options may be found at: <a href="https://iehp.org/en/members/covid-19?target=covid-19-testing-sites">https://iehp.org/en/members/covid-19?target=covid-19-testing-sites</a>

#### **COUNTY COVID-19 TESTING**

San Bernardino County offers free COVID-19 testing at any of its regular testing sites. To review current testing site locations: visit: <a href="https://sbcovid19.com/testing">https://sbcovid19.com/testing</a>

**NOTE**: San Bernardino County COVID-19 testing locations are hosted by generous site partners and, therefore, may occasionally move sites, open more sites or permanently close.

## 4 COVID-19 TESTING, Continued

#### **EMERGENCY OPTIONS FOR SCHOOLS IN SAN BERNARDINO COUNTY**

All schools within San Bernardino County may access the following emergency resource options:

#### 1. COVID-19 self-test kits

Upon request by school leadership, emergency self-test kits are available to be dropped off at a designated location.

- School leadership will hold the responsibility for distribution, appropriate usage and return of test kits.
- Requests for COVID-19 Emergency Testing Drop-Off of self-test kits (i.e., Fulgent Picture kits) may be submitted to:

#### **EMERGENCY COVID-19 SELF-TEST KIT DROP-OFF REQUEST FORM**

**NOTE**: A request of emergency self-test kits should <u>only</u> be used when all other testing options have been exhausted (i.e., post an outbreak or with a suspected outbreak when all other testing strategies have been exhausted). They are not available for baseline testing.

#### 2. COVID-19 Emergency Testing Team

Upon request by school leadership, a team of multi-department County employees will travel to specific schools to provide COVID-19 testing services on sites to teachers, students, and families:

- COVID-19 team will require preferably an indoor space, support from school staff for set-up and registration. Depending on the number of individuals being tested, clinics will remain open for a period of 2-6 hours. Pre-registration will be available upon request.
- Once a request is submitted, the provided Point of Contact will receive a phone call within 24 hours and a team will be deployed within 72-120 hours.
- Requests for a COVID-19 Emergency Testing Team can be submitted to:

#### **EMERGENCY COVID-19 TESTING TEAM REQUEST**

**NOTE**: These teams should only be used post an outbreak or with a suspected outbreak when all other testing strategies have been exhausted.

A follow-up email or questions specific to school-based COVID-19 testing may be sent to: <a href="mailto:safetasebecounty.gov">SAFEschoolsSBC@dph.sbcounty.gov</a>



### 5 COVID-19 VACCINATIONS

The best form of prevention from severe illness or hospitalization caused by COVID-19 is vaccination. When evaluating the need for COVID-19 vaccinations for staff, students, and families there are many options available.

#### **HOSPITALS, CLINICS, AND PHARMACIES**

#### **HOW TO PRE-REGISTER OR FIND A NEARBY LOCATION**

#### Appointments encouraged, Walk-ins welcome

- Vaccines.gov Local pharmacies (Walmart, Costco, Rite Aid, CVS, etc.)
- MyTurn.CA.gov Hospitals, clinics and County-run sites
- SBcovid19.com/vaccine Vaccine location information

<u>NOTE</u>: There are a large number of pharmacies and private practices, including hospitals, that offer COVID-19 vaccines upon request. Their information may not be listed on <u>vaccines.gov</u> or <u>myturn.ca.gov</u>. Please call the location to confirm if vaccines are available.

#### **BECOME A COVID-19 VACCINE PROVIDER**

If a school has medical staff (the minimum requirement is a Registered Nurse), a facility may enroll as a vaccine provider. Appropriate vaccine storage will be required.

To register to become a COVID-19 vaccine provider, please visit: <a href="https://mycavax.cdph.ca.gov/s/">https://mycavax.cdph.ca.gov/s/</a>

**NOTE**: Once approved as a vaccine provider with the State, the County has an established courier system to deliver minimum orders of 1 vial per vaccine type. The school medical liaison will be contacted by an assigned County COVID-19 Vaccine Provider Coordinator who will provide support by answering questions, confirming orders, and keeping you up-to-date on the latest vaccine information.

#### **VISIT A LOCAL COUNTY VACCINE SITE**

Walk-ins Welcome							
City	Location Name	Address	Days	Hours			
Bloomington	Ayala Park Community Center	18313 Valley Blvd. Bloomington, CA 92316	Tuesday - Saturday	10 a.m 6 p.m.			
Fontana	Jessie Turner Health & Fitness Community Center	15556 Summit Ave. Fontana, CA 92336	Tuesday - Saturday	12 p.m 8 p.m.			
Hesperia	Hesperia Health Center	16453 Bear Valley Rd. Hesperia, CA 92345	Tuesday - Saturday	10 a.m 5 p.m.			
Joshua Tree	Joshua Tree Community Center	6171 Sunburst St. Joshua Tree, CA 92252	Tuesday - Saturday	10 a.m. – 6 a.m.			
Montclair	Montclair Place	5060 N Montclair Plaza Ln. 2nd Floor, Ste. 2138 Montclair, CA 91763	Tuesday - Saturday	10 a.m 6 p.m.			

# 5 COVID-19 VACCINATIONS, Continued

Walk-ins Welcome							
City	<b>Location Name</b>	Address	Days	Hours			
Ontario	Ontario Convention Center North Parking	1947 E Convention Center Way, Ontario CA 91764	Tuesday - Saturday	10 a.m 6 p.m.			
Rancho Cucamonga	Rancho Cucamonga Sports Center	8303 Rochester Ave. Rancho Cucamonga, CA 91730	Tuesday - Saturday	10 a.m 6 p.m.			
Rancho Cucamonga	Inland Empire Health Plan (IEHP)	10801 6th St. Rancho Cucamonga, CA 91730	Tuesday - Saturday	10 a.m 6 p.m.			
Rialto	ARMC Westside Vaccine Clinic	850 E Foothill Blvd. Rialto, CA 92376	Wednesday - Friday	9 a.m 4 p.m.			
Rialto	Carl Johnson Center	214 N. Palm Ave. Rialto, CA 92376	Tuesday - Saturday	10 a.m 6 p.m.			
San Bernardino	Middle College High School	1260 W. Esperanza St. San Bernardino CA 92411	Tuesday - Saturday	10 a.m 6 p.m.			
Victorville	Hook Community Center	14973 Joshua St. Victorville, CA 92394	Tuesday - Saturday	10 a.m 6 p.m.			
Yucaipa	Yucaipa Senior Center	12202 1st St. Yucaipa, CA 92399	Tuesday - Saturday	10 a.m 6 p.m.			

**NOTE**: San Bernardino County COVID-19 vaccination locations are hosted by generous community partners and therefore locations are subject to change.

To review most current locations, please visit: <a href="https://sbcovid19.com/vaccine/">https://sbcovid19.com/vaccine/</a>

#### **HOST A VACCINE CLINIC AT YOUR SCHOOL SITE**

Are you having a back-to-school night, backpack giveaway, assembly, or simply want to host a vaccine event at your school site? We're here to support it!

To request a vaccine team or COVID-19 Health Ambassador Team (i.e., informational table, presentation, open dialogue about vaccinations, etc.), submit the following:





### 6 MENTAL HEALTH

Mental and physical health are equally important components of overall health. During this past year, many students, faculty, and staff have experienced feelings of isolation, stress, anxiety, and sadness. As we continue to navigate this pandemic and the social, emotional, and mental challenges that accompany it, the following resources will help to address these feelings and aid in linkage to services.

### SAN BERNARDINO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH (DBH) RESOURCES:

<u>SAN BERNARDINO COUNTY DBH WEBSITE</u> – Provides an array of services and options for all ages including school-age students, parents, care givers and educators.

**STUDENT ASSISTANCE PROGRAM (SAP)** – SAP assists students who are experiencing challenges due to an overwhelming emotional response to COVID-19, untreated mental health conditions, suicidal thoughts and/or substance use. Services are provided at various school sites. To connect students to services, contact your school's counselor or a SAP provider.

**SCHOOL AGED-TREATMENT SERVICES (SATS)** –SATS serves school aged Medi-Cal beneficiaries who are experiencing difficulties caused by or due to a mental health disorder. The difficulties addressed interfere with their academic performance or functioning in their family, school or community settings. Services are provided at school sites or nearby regional locations. To connect students to services, contact your school's counselor or a SATS provider.

#### **ADDITIONAL MENTAL HEALTH RESOURCES:**

<u>CDC's COVID-19 Parental Resource Kit</u> – This resource kit was developed to support parents, caregivers, and other adults serving children and young people in recognizing mental health challenges and ensuring their well-being.

<u>El Sol's Time to Heal Tool Kit</u> – This toolkit is a guide to help self-reflect on mental health and learn how to cope after a traumatic experience such as navigating a pandemic.

#### California's Surgeon General's Playbook: Stress Relief During COVID-19



### 7 ADDITIONAL RESOURCES

#### **SAN BERNARDINO COUNTY RESOURCES:**

San Bernardino County- COVID-19 Schools

#### **CALIFORNIA STATE RESOURCES:**

<u>Cal/Osha COVID-19 Prevention Emergency Standards Fact Sheets, Model Written Program and Other Resources</u>

California Department of Education – Help for Students in a Crisis

<u>California Department of Education – Mental Health</u>

<u>California Department of Education – Supporting Resilience in Schools</u>

<u>California Department of Education – Social and Emotional Learning Basics</u>

California for All – K-12 and Higher Education Guidance

CDPH Guidance for Face Coverings

CDPH K-12 school-based COVID-19 testing strategies for school year 2021-2022

**CDPH Face Coverings Q&A** 

CDPH Schools Guidance 2021-2022 Questions and Answers

COVID-19 Public Health Guidance for K-12 Schools in California, 2021-2022 School Year

Guidance for Child Care Providers and Programs

#### **CDC RESOURCES:**

Colleges, Universities, and Higher Learning Resources

**COVID-19 Vaccines for Children and Teens** 

**COVID-19 Schools and Child Care Program Resources** 

Guidance for COVID-19 Prevention in K-12 Schools

Guidance for Operating Early Care and Education/Child Care Programs

#### **FEDERAL RESOURCES:**

Department of Education – COVID-19 Resources for Schools, Students, and Families

Department of Education – ED COVID-19 Higher Education Handbook

FEMA COVID-19 Response Resources

# 7 ADDITIONAL RESOURCES, Continued

#### **FACT SHEETS ABOUT COVID-19 VACCINES FOR KIDS AND ADOLESCENTS:**

Mayo Clinic COVID-19 Vaccines for Kids: What You Need to Know

Boston Children's Hospital: A Kid's Guide to COVID-19: How Vaccines Work Video

